



WHAT IS CBTL?

CBTL is the Calgary Bicycle Track League, a not-for-profit, volunteer organization promoting participation in the sport of track cycling in the Calgary area by offering access to resources and the opportunity for participation in track cycling events. We offer a weekly, organized Thursday-night racing series, as well as coaching and training. We train and ride at the Glenmore Velodrome, a 400-metre outdoor concrete track owned by the City of Calgary.

TRY THE TRACK PROGRAM

Starting in early May, we will offer new riders the opportunity to TRY THE TRACK. These sessions will be free and will provide an introduction to track riding and racing. Bikes will be provided, just remember your helmet. If you come to two sessions, you will have the training necessary to join in the regular Thursday night race series. Courses will normally run every Tuesday evening and the following Saturday morning in May and June, except where there are weekend events (May 23 and August 8). Sessions will also be scheduled for July and August - watch our website for dates. We'll follow up with organized training sessions so that you can continue riding on the track even if you choose not to race.

Please contact the Track Manager @ trackmanager@cbtl.ca to sign-up, or for more information.

DIRECTIONS TO THE GLENMORE VELODROME

To get there from Crowchild Trail, turn East on 50th Ave SW via the interchange. Go straight at the first four way stop, and then take the second right. This will take you onto the road going in between the baseball diamonds. Take the first right off this road to the parking lot. Stu Peppard Arena is on the west side and the Velodrome is on the south side. If you end up at the water treatment plant, you've gone too far.

To get there from downtown, head south on 14th St. SW. Follow it to where it ends at the three-way stop. Turn right on 38 Ave. SW and follow it to the four-way stop at 16th St. SW. Turn left on 16 St. SW and follow all the way to 50 Ave. SW. Drive through the intersection onto the road going in between the baseball diamonds. After crossing 50th Ave. SW, take the first right leads to the parking lot. Stu Peppard Arena is on the west side and the Velodrome is on the south side.

MEMBERSHIP WITH THE CBTL

All riders participating in CBTL training, races or events are required to hold a valid CBTL membership.

Membership Fees Senior full season: \$100 U19 full season: \$50 Drop-in Fee: \$15/night

Non-exclusive Bike Rental Fees (CBTL Members Only) \$100

Registration April 23: 6:30 - 8:30 PM; April 25: 9:00 AM - 1:00 PM, or contact Track Manager. Track open for training for members only Thursday, April 30, 6:00-8:30 PM.

WEEKLY PROGRAM

Try The Track: Starting May 4, watch the website for additional dates

Monday Night Open Training: May 4 - August 31: 6:00 to 8:30pm

Tuesday Coaching/Training/Motorpacing: May 5 - September 8: 6:00 to 8:30pm

Thursday Night Racing: May 7 - September 10: 6:30pm sharp

Saturday Coaching & Training: May 2 - August 22: 10:00am to 12:00pm

Special Friday & Saturday Events:

Stampede Stomp 6-day: July 10	6:00-9:00pm
Saturday Sprint Tourney: July 25	10:00 am to 2:00pm
HammerFest: September 12	9:00 am to 1:00 pm

Sprint Specific Training

May 9, 16, 30 and June 7	12:00 noon
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All schedules are weather dependent since the track is closed when wet or covered with snow.

SANCTIONED TRACK MEETS (ABA license required)

On the Glenmore Velodrome this summer:

May 23-24:	CMC/Team Bow Cycle Spring Clean-Up
August 8-9:	Alberta Track Provincials

At the Angyll Velodrome in Edmonton:

June 13-14:	Juventus track meet
July 4-5:	Velocity track meet

There will be no Saturday training on any of the days when there are sanctioned track meets in Alberta.

If you are not racing, come out and watch these exciting events. Spectators are always welcome!

Your 2009 CBTL Executive

Position	Name	E-Mail
President	John Plant	president@cbtl.ca
Vice President	Terry Andrichuk	vicepresident@cbtl.ca
Treasurer	Trevor Gunderson	treasurer@cbtl.ca
Secretary	Frank Kovacs	secretary@cbtl.ca
Webmaster	Reid Dalgleish	webmaster@cbtl.ca

CONTACT US!

Contact Email: questions@cbtl.ca

Web Site: www.cbtl.ca

Track Manager: trackmanager@cbtl.ca

THE CBTL THURSDAY NIGHT SIX-DAY RACE SCHEDULE FOR 2009

Schedule A

May 7, June 4, July 2, Aug 6, Sept 10

1	A	10 lap Scratch
2	B	8 lap Scratch
3	C	6 lap Scratch
4	A	Win and Out
5	B	Win and Out
6	C	Win and Out
7	A	16 lap Avalanche
8	B	12 lap Avalanche
9	C	9 lap Avalanche
10	A	5 lap Point-a-Lap
11	B	5 lap Point-a-Lap
12	C	5 lap Point-a-Lap
13	A	8 lap Scratch
14	B	6 lap Scratch
15	C	4 lap Scratch

Schedule B

May 14, June 11, July 9, Aug 13

1	B	6 lap Scratch
2	C	5 lap Scratch
3	A	8 lap Scratch
4	B	Keirin Qualifier
5	C	Chariot Qualifier
6	A	Keirin Qualifier
7	B	16 lap Points
8	C	12 lap Points
9	A	20 lap Points
10	B	Keirin Final
11	C	Chariot Final
12	A	Keirin Final
13	B	3 minute
14	C	3 minute
15	A	3 minute

Schedule C

May 21, June 25*, July 16, Aug 20

1	C	5 lap Scratch
2	A	8 lap Scratch
3	B	6 lap Scratch
4	C	Chariot Qualifier
5	A	Chariot Qualifier
6	B	Chariot Qualifier
7	C	12 lap Points
8	A	20 lap Points
9	B	16 lap Points
10	C	Chariot Final
11	A	Chariot Qualifier
12	B	Chariot Qualifier
13	C	Unknown distance
14	A	Unknown distance
15	B	Unknown distance

Schedule D

May 28, June 26, July 23, Sept 3

1	A	6 lap Scratch
2	C	4 lap Scratch
3	B	5 lap Scratch
4	A	Win and Out
5	C	Win and Out
6	B	Win and Out
7	A	18 lap Scratch
8	C	12 lap Scratch
9	B	15 lap Scratch
10	A	5 lap Point-a-Lap
11	C	5 lap Point-a-Lap
12	B	5 lap Point-a-Lap
13	A	Elimination
14	C	Elimination
15	B	Elimination

In addition, there will be 2-3 races each Thursday starting May 14 for riders who are not ready to race in events on the CBTL ladder.

Points Nights

June 18, July 30*, Aug 27

C 25 lap points race at 6:30 sharp, followed by B 40 lap points race, then A 75 lap points race

* Denotes pizza and award night

➤ Points are awarded to the top five finishers of each race (5,4,3,2,1). Double points for long-points race nights.

➤ One point is awarded for signing-on each race night

Six-Day Events	Dates	Award & Pizza Night
Spring Fling	May 1 - June 12	June 19
Six Days of Summer	June 19 - July 24	July 31
Final Dash for Cash	July 31 - Sept 11	Hammerfest, Sept 13

Cash Prizes for all Categories!

Event Purse	Overall Series Purse
1 st - \$100	1 st - \$150
2 nd - \$75	2 nd - \$125
3 rd - \$50	3 rd - \$100
4 th - \$35	4 th - \$75
5 th - \$20	5 th - \$50



RACE DESCRIPTIONS

Scratch Race: The traditional type of bike race over a pre-determined number of laps. The first one across the line wins.

Unknown Distance: A scratch race with the bell ringer being the only one who knows how long the race is.

Points Race: This event involves a number of mini-races within the main race. When the bell rings racers sprint to finish in the top 4 places on that lap and win points (5-3-2-1) to count to the overall race total. Rider with the most points wins.

Avalanche: A points race which has the number of points awarded for each sprint increase throughout the race. Win the first sprint and you earn 1 pt. win the last sprint and you get 5 pts.

Point-A-Lap: Like a points race except there is a sprint every lap and there is only one point up for grabs each lap.

Elimination: This is an elimination race with the last rider on every lap being removed from the race. Once there are only three riders left they sprint it out for the finish.

Win and Out: A ten-lap race with the winner of lap two taking first place and getting to retire from the race. Winner of lap four earns second place and pulls out etc.

Keirin: A group of riders pace around the track for about four laps behind a motorcycle. With just over one lap to go the pacer pulls off of the track and the riders sprint for the finish.

Chariot Race: A neck-to-neck one-lap race from a standing start.

3 minute: Two lap race, with the first lap to take no less than 3 minutes.

UCI Omnium: 200 metre TT, 12 lap scratch, 3 km pursuit, 48 lap points (6 sprints, including final). Kilo TT. Winner based on lowest overall score where in each event first gets 1 point, second 2, etc. Must finish each event to start the next event.